

# Harriet's

## Homemade Meals

Home cooked food delivered to your door | [hmeals.com](http://hmeals.com)



**Fresh Food cooked and delivered to  
your door**

**Monday to Friday**

**10am to 7pm**

**Contact us today on**

**0800 5877 266 & 0756 8092 422**



# Harriet's

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## Homemade Meals

### All About Us

In our kitchen based in Wolverhampton we cook freshly– prepared healthy well balanced meals.

Meals are supplied with fresh seasonal vegetables, mashed potatoes, or as stated on our menu.

We deliver to a wide range of folk; from busy professionals who don't have time to cook, to older people who value their independence.

### Great Value Homemade Meals

Our main meals start from £3.00 each

Our desserts start from £1.00 each

### We also cook to order

Gluten free, sugar free and low salt meals and desserts are available upon request.

A small delivery charge of £1.00 to homes in Wolverhampton and local South Staffs are- as apply. All other areas please contact us for delivery charges.

# Harriet's

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Homemade Meals

## Try Our New Starter Pack

Now available in two sizes

Simply choose from our menu

7 main meals

7 desserts

and

1 soup

### Small Meal Starter Pack

for only £28.00

### Medium Meal Starter Pack

for only £34.93

# Beef Dinners

Now available in three sizes

Small £3    Medium £3.99    Large £4.99

## 1B Roast Beef Dinner

Served with mashed and roast potatoes, fresh seasonal vegetables, stuffing and gravy.

## 2B Stewed Steak Casserole

Carrots, celery, garlic, onion, mushrooms, Worcester sauce, stock cube, bay leaf, mixed herbs with optional dumpling. Served with mashed potato and fresh seasonal vegetables

## 3B Steak in Ale

Carrots, celery, garlic, onion, mushrooms, Worcester sauce, stock cube, bay leaf, mixed herbs with brown ale. Served with mashed potato and fresh seasonal vegetables.

# Beef Dinners

Now available in three sizes

Small £3    Medium £3.99    Large £4.99

## 4B Steak & Kidney Pie

Mushrooms, onions, bay leaf, vegetable stock, pastry top, served with mashed potato or chips with fresh seasonal vegetables.

## 5B Cottage Pie

Carrots, celery, garlic, onion, mixed herbs, red wine, stock, bay leaf, topped with mashed potato and served with chips, peas, carrots and green beans.



(Roast Beef Dinner)

# Chicken Dinners

Now available in three sizes

Small £3    Medium £3.99    Large £4.99

## 1C Roast Chicken Dinner

Served with mashed and roast potatoes, fresh seasonal vegetables, stuffing and gravy.

## 2C Chicken in Red Wine

Mushrooms, chicken breast, onions, red wine, stock, peppers, herbs, garlic, served with mashed potato, carrots, peas and green beans.

## 3C Chicken & Ham Pie

Onions, leeks, mushrooms, stock, milk, parsley, lemon, chicken breast, ham, pastry top, served with mashed potato and seasonal vegetables.

## 4C Chicken Tikka Masala

Chicken breast in a Tikka Masala sauce made from cream, tomatoes, onion, cumin and coriander. Served with rice.

## 5C Sweet & Sour Chicken

Chicken breast, tomatoes, onion, pineapple, carrot, vinegar, celery, bamboo shoots, Tamarind juice and paprika. Served with rice.

# Pork Dinners

Now available in three sizes

Small £3    Medium £3.99    Large £4.99

## 1P Roast Pork Dinner

Served with mashed and roast potatoes, fresh seasonal vegetables, stuffing and gravy.

## 2P Sausage & Mash

Best quality pork sausages, with apple, onion and mustard gravy. Served with mashed potato, cabbage, carrots and peas.

## 3P Pork Tenderloin

Tenderloin, mushrooms, onion, carrots, celery, peppers, apple juice, stock, apple, served with mashed potato and seasonal vegetables.

# Fish Dinners

Now available in two sizes

Medium £3.99 Large £4.99

## 1F Harriet's Luxury Fish Pie

Cod and salmon in parsley sauce topped with creamy mashed potato and served with the chips and seasonal vegetables.

## 2F Cod in Parsley Sauce

Cod fillet in parsley sauce and served with seasonal vegetables and mashed potato.

## 3F Salmon in Parsley Sauce

Salmon fillet in parsley sauce and served with seasonal vegetables and mashed potato.

## 4F Plaice in Parsley Sauce

Fresh plaice in parsley sauce and served with seasonal vegetables and mashed potato.

# Fish Dinners

Now available in two sizes

Medium £3.99 Large £4.99

## 5F Salmon in Hollandaise Sauce

Salmon fillet in hollandaise sauce served with seasonal vegetables and mashed potato.

## 6F Herb Crusted Salmon (to be cooked in the oven)

Salmon coated in our special herbs and bread-crumbs served with lemon and dill with chips, fresh tomato and mushroom.

## 7F Harriet's Homemade Fish Cakes

(to be cooked in the oven)

Cod, parsley, egg with tartar sauce and potato coated with our special bread crumb mix. Served with chips, fresh tomato and mushroom.

## 8F Harriet's Salmon Pie

Fillet of salmon in a béchamel sauce with chives, egg with a pastry lid served with mashed potato and seasonal vegetables.

# Lamb Dinners

Now available in two sizes

Medium £3.99 Large £4.99

## 1L Roast Lamb Dinner

Served with mashed and roast potatoes, fresh seasonal vegetables, stuffing and gravy.

## 2L Lamb Hotpot

Carrots, celery, leek, onion, garlic, mixed herbs, stock, dumpling is optional served with mashed potato and seasonal vegetables.

## 3L Shepherd's Pie

Carrots, celery, onion, garlic, mixed herbs, red wine, stock, bay leaf, topped with mashed potato and served with roast potato, peas, carrots and green beans.

# Vegetarian Dinners



Now available in three sizes

Small £3    Medium £3.99    Large £4.99

## 1V Harriet's Cheese & Potato Bake

Cheddar cheese, onion, sliced potato, cheese sauce, mustard, Tabasco sauce served with fresh tomato, green beans and peas.

## 2V Quorn Sausages & Mash

Three Quorn sausages, apple, onion, mustard, gravy, served with mashed potato, carrots, cabbage, peas and green beans.

## 3V Quorn Cottage Pie

Quorn mince, onion, peppers, carrots, celery, red wine, garlic, mixed herbs, vegetable stock topped with mashed potato and served with seasonal vegetables.

## 4V Harriet's Leek & Cauliflower Cheese

Leeks, cauliflower, milk, cheese, mustard, Tabasco sauce, nutmeg and bread crumbs served with mashed potato and seasonal vegetables.

# Vegetarian Dinners



Now available in three sizes

Small £3    Medium £3.99    Large £4.99

## 5V Harriet's Cheese & Onion Quiche

Pastry case, cheese, onion, eggs, cream, milk, tomato, served with mashed potato and seasonal vegetables.

## 6V Harriet's Cheese & Potato Pie

Cheddar cheese, onion, potato, cream, milk, tomato served with seasonal vegetables.

## 7V Harriet's Cheese & Potato Pie (Pastry Case)

Cheddar cheese, onion, potato, cream, milk, tomato in our homemade pastry case served with seasonal vegetables.

## 8V Harriet's Cannelloni

Quorn mince, onions, carrots, celery, red wine, garlic, tomatoes, white sauce, topped with grated cheese and served with seasonal vegetables.

# Vegetarian Dinners



Now available in three sizes

Small £3    Medium £3.99    Large £4.99

## 9V Harriet's Broccoli & Stilton Tart

Pastry case, blue cheese, egg, cream, milk and broccoli served with mashed potato and seasonal vegetables.

## 10V Harriet's Garlicky Mushrooms

Chestnut mushrooms, garlic, lemon juice, cream, parsley, butter served with two slices of fresh garlic bread.

## 11V Lasagne

Quorn mince, onions, celery, tomato, garlic, mixed herbs, white sauce, cheese and pasta, served with garlic bread and seasonal vegetables.

# Harriet's Homemade Puddings & Desserts

Now available in three sizes

Small £1    Medium £1.60    Large £2

All of our puddings & desserts below  
are served with custard

## Harriet's Pies:

Luxury Apple Pie

Apple & Blackberry Pie

Cherry Pie

## Harriet's Crumbles:

Apple & Blackberry Crumble

Cherry Crumble

Apple Crumble



( Jam sponge and custard)

## Harriet's Sponge Puddings

Apple Sponge

Lemon Sponge

Syrup Sponge

Sultana Sponge

Cherry Sponge

Jam Sponge

Sticky Toffee Pudding

Raspberry & Coconut Sponge

Luxury Bread & Butter Pudding

# Harriet's Homemade Cakes

Now available in three sizes

Small £1    Medium £1.60    Large £2

Gluten Free Options Are Available

Carrot Cake

Coffee Cake

Chocolate Cake

Scones with Jam and Cream

## Harriet's Homemade Cupcakes

Only £1 each

Sicilian Lemon

Chocolate

Strawberry

Coffee

Vanilla

All topped with flavoured butter icing

## Harriet's Freshly Made Sandwiches

Prices Range From £2 to £3 each

Cheddar Cheese

Roast Chicken

Roast Beef

Roast Pork

Ham

Salmon

All served with a small salad

# Harriet's Afternoon Tea



**Now Only £6 Per Person**

**Gluten Free Options Are Available**



Simply choose the following from our menu

**1 Sandwich**

**1 Salad**

**1 Cake**

**1 Scone**

**served with jam  
and cream**



## Christmas Meals



### 3 Course Menu



**Now available in three sizes**

**Small £13    Medium £14    Large £15**



**Contact us for more information.**



**Orders are taken from  
1st September up until 5th December.**